



GOVERNMENT OF BERMUDA
Department of Health



Dear Parent,

The Department of Health maintains immunization records for all children in Bermuda.

Please update your child's vaccine record as soon as possible with your Pediatrician or visit the Hamilton Health Clinic, Monday—Friday between 8:30 a.m. and 11:30 a.m.

Please provide the school nurse with a copy of the immunization record (Please hand it to the school receptionist, addressed to school nurse).

If you have additional questions or concerns, please do not hesitate to contact me via email: tmjames@gov.bm

Thank you for your assistance in this project.

Your School Nurse,



Mrs. Tina Martin-James BSN, RN, RM

Community Health Nurse - School Nurse

Government of Bermuda | **Department of Health**

Hamilton Health Centre | 67 Victoria Street | Hamilton, Bermuda HM1195

Direct Telephone: 441 278 6497 | Cell: 441 707 6520 | Email: tmjames@gov.bm

Hamilton Health Centre direct line: 441 278 6460

gov.bm

"Healthy people in healthy communities"



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Student Medical Information

Student Name _____ Date of Birth _____

School _____ Class _____

Parent/Guardian _____

Address _____

Contact Telephone No.s _____

Email: _____

Child Health History	No	Yes	Comments
ADHD			
Allergies			
Asthma			
Birth Defects			
Bladder/Bowel Problems			
Blood Disorders			
Bone/Joint Problems			
Developmental Delays			
Learning Problems			
Diabetes			
Ear/Hearing Problems			
Vision Problems			
Emotional Problems			
Heart Problems			
Seizures			
Nutritional Problems			

Current Medications Required at School: _____

Physician _____ Emergency Contact _____

Parent/guardian signature: _____ Date: _____

Privacy Statement: This form is confidential and will only be used by key personnel for the safety of the student.

Child Health
67 Victoria Street, Hamilton
P.O. Box HM 1195, Hamilton HM EX, Bermuda

Phone: (+1 441) 707-6502

Fax: (+1 441) 292-4420

E-mail: tmjames@gov.bm

P1 ORIENTATION

Dear Parents/Guardians,

Welcome to a new era in your child's life. Whether it's back to school or if it's the first day of school for you, it is all very exciting. As the school nurse, I am here to encourage healthy habits which will build a healthy lifestyle that will contribute to academic success. Start off on the right foot; build a good habit of attendance early.

Here are some tips that will ensure a successful year:

- Ensure your child has **regular checkups** with their physician and dentist.
- Remember to **keep a personal record of any immunizations your child has received and medications your child is currently taking** secure with all important documents. I will be requesting copies of their immunization record to update their school file.
- **Complete the Medical Information** form in your orientation pack and return via email, fax or to school, as this will help me assess the needs of your child and their school.
- Please **indicate** if your child has **any allergies or medication** that needs to be administered to your child
- Establish routines early; set a regular bedtime and morning routines that include time for breakfast.
- Limit screen time to 2 hours per day, including TV, computers, ipad's, Play station etc. Plan this time accordingly with your child.
- Encourage family time, walks, cycling, talking and reading together.

Have a great day and I look forward to a successful new school year.

Sincerely,



Mrs. Tina Martin-James BSN, RN, RM

Community Health Nurse - School Nurse

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