

Physical Education and Sports Team Contract

As a member of a Somersfield Academy athletics program, I pledge to respect and follow the guidelines set forth in this contract.

ATHLETE I pledge to:

- Behave with dignity, respect, and good sportsmanship at every practice and game.
- Respect the game, play fairly and follow its rules and regulations.
- Attend every practice and game I am able to and contact a coach if I cannot attend.
- Remember that playing sports is a privilege and not a right.
- Be a team player and commit myself to the team, the sport and a full season of participation.
- Refrain from any activities unbecoming of a student athlete.
- Support those who are supporting me (i.e. parents and coaches).
- Be modest when successful and be gracious in defeat.
- Demonstrate good sportsmanship before, during and after games.
- Be courteous to opposing teams and treat all players and coaches with respect.
- Maintain good academic and behavioral standing with all teachers.

COACH I pledge to:

- Work hard to provide an environment conducive to a positive sports experience.
- Plan and execute the necessary drills during practice to improve skills and overall fitness.
- Always remember that academics come before athletics.
- Be a role model of character.
- Conduct myself and ensure that my coaches, players, spectators and supporters conduct themselves in a manner that is consistent with good sportsmanship – before, during and after every game.
- Keep my players and parents informed about the rules, schedules and other related information.
- Ensure that my players are supervised by myself or another designate adult and never allow my players to be left unattended or unsupervised at a game or practice.

PARENT I pledge to:

- Encourage good sportsmanship by demonstrating positive support for all players, coaches, fans and officials at games, practices and other sporting events.
- Place the well-being of my child before a personal desire to win.
- Encourage my child to play by the rules and respect the rights of other players, coaches, fans and officials.
- Encourage my child to speak to the coach if he/she is having difficulties
- Prepare my child for practices and games to the best of my abilities.

Having read this contract, I pledge to do my best to follow the guidelines set forth in this contract and to have fun.

Athlete signature: _____ Date: _____

Parent Signature: _____ Date: _____

Teacher/Coach Signature: _____ Date: _____